



## The Praktikos and Chapters on Prayer

By EVAGRIUS PONTICUS, JOHN EUDES BAMBERGER (TRANSLATOR)

Cistercian Publications June 1980, 1980. Paper Back. Condition: New. Evagrius (d. 399), though eventually condemned as an Origenist, was a good friend of Basil, Gregory of Nazianzus, and Gregory of Nyssa; his very practical mysticism influenced other great figures in the ascetical tradition including Maximus the Confessor, John Climacus, John Cassian, Dionysius, and Symeon the New Theologian, and, in the West, John of the Cross. He was the first to systematize the spirituality of the desert, and his "eight thoughts" (including acedia, the "demon of noonday") eventually found their way into the more familiar Western form known as the seven deadly sins. A text of primary importance in the development of Eastern spirituality. 140 pp.



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