



Herbal Formularies for Health Professionals, Volume 1: Digestion and Elimination, including the Gastrointestinal System, Liver and Gallbladder, Urinary System, and the Skin (Hardback)

By Jill Stansbury

Chelsea Green Publishing Co, United States, 2018. Hardback. Condition: New. Language: English . Brand New Book. Herbal Formularies for Health Professionals is a five-volume set that serves as a comprehensive, practical reference manual for herbalists, physicians, nurses, and allied health professionals. Dr. Jill Stansbury draws on her decades of clinical experience and her extensive research to provide an unparalleled range of herbal formulas. Organized by body system, each volume includes hundreds of formulas to treat common health conditions, as well as formulas that address specific energetic or symptomatic presentations, including Dr. Stansbury's own formulas, formulas from herbal folklore, and formulas from Traditional Chinese Medicine. For each formula, Dr. Stansbury offers a brief explanation of how the selected herbs address the specific condition. The book offers many sidebars and user-friendly lists--helping readers quickly choose which herbs are best for specific presentations--and details traditional uses of both western herbs and traditional Asian herbs and formulas that are readily available in the United States. Volume I focuses on digestive health and the emunctories, an herbal term referring to the organs of elimination: the gastrointestinal system, the urinary system, and the skin. This volume offers formulas and supporting information for treating gastrointestinal and...



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