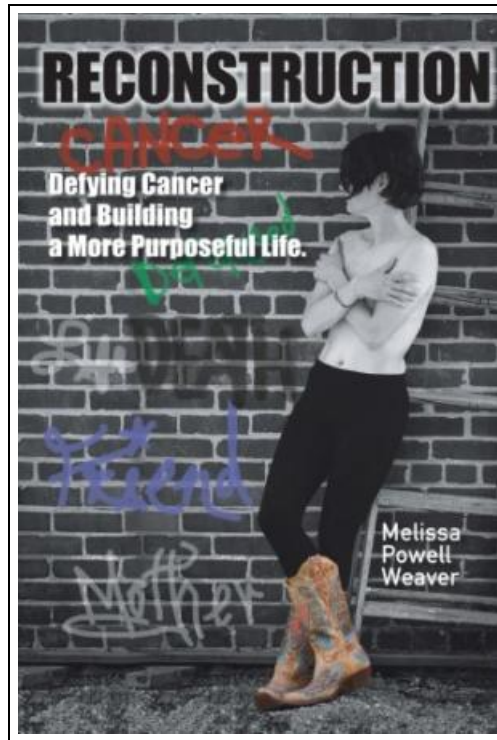


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(Ernest Bergnaum)*

RECONSTRUCTION: DEFYING CANCER AND BUILDING A MORE PURPOSEFUL LIFE



Melissa A. Weaver. Paperback. Condition: New. Linda Parlove (illustrator). 94 pages. Dimensions: 9.0in. x 6.0in. x 0.2in. Have you or someone you know experienced loss, tragedy, or trauma Are you desperately looking for solid ground on which to rebuild Do you want to be inspired to not just exist but to lead a life that you can be proud of Would you like to ultimately become the hero of your own story Although this book is a personal story about my journey with breast cancer, it has been carefully and thoughtfully written for anyone who has been knocked over by tragedy or loss. Think of this book as a lifeline to your best self, the part that clings to the life that you were always supposed to lead, valuing what and who truly matters most to you. Stop and ask yourself what led you to this book: What am I searching for How do I take the first step to find it You have already taken the first step, and I will show you the way to a stronger and happier version of yourself. With your commitment and focus, you too, can stand in the sun. As a Licensed Clinical Social Worker and Breast Cancer survivor, I have spent countless hours in meetings or appointments specifically focused on reorganizing, restructuring, and rebuilding one's business, life, or priorities. But the question remains: how many individuals or organizations actually make change happen RECONSTRUCTION: Defying cancer and building a more purposeful life will provide for both the inspiration and knowledge to take the following steps: Increase your self-confidence and individual identity Reprioritize your life and focus on what really matters Live in the moment Create a more resilient YOU Let go of what is holding you back Uncover your amazing self Become Amazing! Reading...



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