



## Stop Saying You're Fine The No-BS Guide to Getting What You Want

By Mel Robbins

Harmony. Paperback. Condition: New. 272 pages. Dimensions: 7.9in. x 5.2in. x 0.7in. Right now, over 100 million Americans secretly feel frustrated and bored with their lives. You may be one of them if you've come to regard yourself as your own worst enemy you've developed a commute-work-commute-sleep routine that seems endless you and your significant other treat each other like roommates you constantly daydream and wonder, Is this all there is you sense a potentially hot relationship with someone next door, down the hall, or in the adjacent cubicle but somehow it never happens you worry that no matter what you do to stay in shape, the battle is already lost you have a tendency, when asked how you're doing, to just say, Fine. If any of the above sounds familiar, there's clearly something missing from your life. This book will help you discover what it is, and how to win it back. Written by Mel Robbins, one of America's top relationship experts and radio/TV personalities, this hands-on guide not only shows you how to put your finger on the problem, it reveals what to do about it. Mel Robbins has spent her career teaching people how to push past their...



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